



Sapperton Church of England Primary School
Sapperton, nr. Cirencester
Gloucestershire
GL7 6LQ
01285 760325

Tuesday 14th July 2026

Dear Parents and Carers,

Nut-Free School

At Sapperton, the health, safety and wellbeing of all our pupils is our highest priority. We have a number of children in school who have allergies, and for some individuals, even very small traces of nuts can cause a serious and potentially life-threatening allergic reaction.

To help keep all children safe, we are becoming a **nut-free school** and ask for your support in ensuring that no nut-containing products are brought onto the school site. This is in support of Benedict's Law coming into force this September.

We kindly request that you do **not** send any of the following items into school:

- Peanuts or tree nuts (such as almonds, hazelnuts, cashews, walnuts, pistachios or pecans)
- Peanut butter, chocolate spreads containing nuts, or nut-based snacks
- Cereal bars, biscuits, cakes or confectionery that contain nuts
- Products that are clearly labelled as containing nuts

Whilst we recognise that it is impossible to guarantee a completely nut-free environment, reducing the presence of nuts in school significantly helps to minimise the risk to pupils with allergies.

Please note that birthday treats, celebration foods and items brought in for special events should also be free from nuts.

We appreciate that this may require some additional care when choosing food items, and we are grateful for your cooperation and understanding. By working together, we can create a safer environment for all members of our school community.

Thank you for your support with this.

Yours sincerely,

Meg Crampton